



Grandparents Credo

We are the grieving grandparents,
the shepherds of our children and grandchildren's lives.
Our grief is two-fold and at times, we feel powerless to help.
We seek to comfort our children in the depths of their grief.

And yet, we need the time and space
to face our own broken hearts.
We have been robbed of the special tender touch
a grandparent shares with a grandchild...
we have lost a symbol of our immortality.

As we walk by our child's side,
we both give and draw strength.
We reach into their hearts to comfort them,
And when they reach out to us in their distress,
We begin the journey to heal together.

We continue to be their guardians.
We allow traditions to change to accommodate their loss.
We support the new ones,
which symbolize the small steps on their journey.

It is in their healing that our hearts find comfort.

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